

**2020**

**PSYCHOLOGY — HONOURS**

**Fifth Paper**

**Module : 3.2**

**Full Marks : 50**

*The figures in the margin indicate full marks.*

*Candidates are required to give their answers in their own words  
as far as practicable.*

1. Write short notes on **any two** (word limit – **150** words each) : 10×2
    - (a) Types of stress
    - (b) Ego
    - (c) Surface and source traits
    - (d) Directive approach in counselling.
  
  2. Answer **any two** question (word limit – **600** words) :
    - (a) Critically evaluate biopsychosocial model of health psychology. 15
    - (b) Write about health promoting life style. 15
    - (c) Define conflict and discuss different types of conflicts with examples. 15
    - (d) Define stress and coping. Explain the stages of General Adaptation syndrome with its impact on different stress-related disorders. 5+10
    - (e) Critically discuss ‘Oral’ and ‘Anal’ stages with associated psychopathology. 15
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