DAY 2

VIDYASAGAR METROPOLITAN COLLEGE

## students' week 2022

Arup Ghosh, Consultant Hypnotherapist and Life Coach of VIDYASAGAR METROPOLITAN COLLEGE will be interacting with students of VMC and their parents/guardians, sensitizing them regarding the importance of students' mental wellbeing in pursuing studies and a career ahead and discussing problems commonly faced by students which they are often unable to talk about.

"IMPORTANCE OF MENTAL HEALTH
FOR ACADEMIC EXCELLENCE"-GROUP DISCUSSION WITH
STUDENTS AND GUARDIANS

02/01/22 SUNDAY-- 7-9 PM via Google Meet & YouTube Live